







2026
Breakfast

FREDERICTON CONVENTION CENTRE
PALAIS DES CONGRÈS DE FREDERICTON

Breakfast

Our kitchen brigade is comprised of 10 Red Seal chefs, with supporting staff working towards professional designations. Embracing young, aspiring chefs is a core value.

QUEEN STREET CONTINENTAL — $29.00

Fresh Fruits & berry salad

Individual assorted yogurts to include: Greek, probiotic and fat-free

Individual Overnight Oats

Choose 2 of the following:

Sour Cream Glazed Donuts

Assorted Muffins

Maple Danish

Spinach and Feta Danish

Croissant

Apple Turnover

Assorted bottled juices

Fresh brewed coffee and assorted teas

FREDERICTON CONVENTION CENTRE CUSTOM BREAKFAST BUFFET — $36.00

Sliced fruit tray

Choose 2 of the following:

Sour Cream Glazed Donuts

VEGETARIAN VEGAN GLUTEN FREE DAIRY FREE EGG FREE HALAL NUT FREE SOY FREE KOSHER SUSTAINABLY SOURCED

Breakfast

Assorted Muffins

Maple Danish

Spinach and Feta Danish

Croissant

Apple Turnover

Choose1 of the following

Scrambled eggs served with green onion and cheese on the side

Roasted vegetable and herb frittata with goat cheese

Individual ham and cheddar quiche

Spinach, blister tomato and onion tofu scramble

Western omelet

Egg bites, spinach, ricotta and caramelized onion

(Upgrade: Eggs benedict +$4.00)

Choose 2 of the following:

Applewood smoked bacon

Golden pork sausage

Turkey sausage

New Brunswick maple glazed ham

Turkey bacon

Maple smoked tofu bacon

Choose 1 of the following

Herb roasted hash browns

Mini potato cakes

Nice Family Farms kale, pepper and potato hash

Tater puffs

Herb, panko and asiago roasted tomatoes

Crosby molasses baked beans

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Assorted premium bottled juice

Upgrade to freshly squeezed orange juice for $4.50

Fresh brewed coffee and assorted teas

All eggs served at the FCC are produced in the Atlantic Provinces and distributed through local co-ops.

ON THE GO BREAKFAST — 31.00

On the Go Breakfast

Choose 2 of the following:

Ham and cheese croissant

Classic breakfast sandwich: fried egg, cheese, sausage patty on an English muffin

Breakfast sandwich with egg: brioche bun, fried egg, bacon, cheese

Breakfast wrap: scrambled eggs, chorizo crumble, black bean salsa and cheddar cheese

Tofu scramble wrap: roasted vegetables, with vegan cheese

Selection of fresh whole fruit

Individual yogurts, to include Greek, probiotic and fat-free

Assorted premium bottled juice

Fresh brewed coffee and assorted teas served with travel cups

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GROUP BREAKFAST BUFFET ENHANCEMENTS

French toast served with NB maple syrup, butter and local blueberry compote — $8.00

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	Sugar crusted waffles served with NB maple syrup, butter, local blueberry compote and whipped cream	$8.00
	Buttermilk pancakes with NB maple syrup, butter and local blueberry compote	$8.00
	Fruit smoothies: seasonal selection by the pitcher (serves 8)	$15.00

Capacity to serve plated dinners for up to 1,000 guests using a modern on-site kitchen with traditional and combitherm technology.



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