







2026
Breaks

FREDERICTON CONVENTION CENTRE
PALAIS DES CONGRÈS DE FREDERICTON

Breaks

A LA CARTE ITEMS

Individual yogurt to include: Greek, probiotic and fat free	$5.00
Sliced fresh fruit display	$14.00
Selection of fresh whole fruit	$4.50
Bakers basket: Choose 1 of the following: Muffin - Apple turnover - Spinach & Feta Danish Croissant - Maple Danish - Sour Cream Glazed Donuts	$38.00/Dozen
Assorted bagels with cream cheese	$7.00
Assorted sweets	$6.00
Assorted granola bars	$4.50
Build your own parfait: Includes vanilla yogurt, mixed berries, seasonal compote, maple granola, dried fruit, nuts and seeds	$12.00
Vegetable crudité with ranch and hummus	$12.00
Selection of house baked cookies	$3.50/ea. or $34/dozen
Cheese Board Including Canadian and International cheeses, crackers and sliced baguette	$15.00
Charcuterie Board Board selection of cheese, cured meats, crackers and baguette	$18.00
Dip Platters - Choose 1:	$15.00
Warm Nice Family Farm spinach and feta dip	
Herb and garlic hummus	
7 layer dip	
Salsa, guacamole and queso cheese	

VEGETARIAN VEGAN GLUTEN FREE DAIRY FREE EGG FREE HALAL NUT FREE SOY FREE KOSHER SUSTAINABLY SOURCED

Breaks

Each served with a selection of pita points, tortilla chips, and baguette

Fresh brewed regular and decaffeinated Whitney coffee with assorted teas We proudly serve coffee that is roasted locally by Whitney Coffee Company - find them at the Fredericton Boyce Farmer's Market!	**$5.50**
Assorted premium bottled juice	**$5.00**
Assorted soft drinks	**$5.00**
Bottled water	**$5.00**
Bottled Perrier	**$6.00**
Flavoured sparkling water	**$6.50**

Our focus has been to bring the best coffee beans from around the world to our community and to give our customers a coffee experience like no other. Our beans are fresh roasted weekly and are ground to order. ~ Whitney Coffee Company Ltd



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REFRESHMENTS PACKAGES

RISE & SHINE BREAK — $7.50

Fresh brewed regular and decaffeinated Whitney coffee with assorted teas

Choose 2 of the following:

Sour Cream Glazed Donuts

Assorted Muffins

Maple Danish

Spinach and Feta Danish

Croissant

Apple turnover

HEALTHY START — $17.00

French vanilla yogurt

Dried fruit, nuts and seeds

New Brunswick maple granola

Fresh seasonal compote and berries

Assorted premium bottled juice

Fresh brewed coffee and assorted teas

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ENERGIZER — $18.00

Trio of seasonal smoothies by the pitcher: to include a vegan option

Assorted granola bars

Selection of whole fruit

Fresh brewed coffee and assorted teas

COFFEE WITH A KICK — $16.50

Fresh brewed coffee, hot chocolate and assorted teas

Trio of flavour shots

Whipped cream, cinnamon and chocolate shaking

Baker's selection of cookies and square

ALL THINGS DIP — $23.00

Choose 2 of the following:

- Warm Nice Family Farm spinach and feta
- Herb and garlic hummus
- 7 layer dip
- Black bean dip
- Lemon dill pickle dip
- Salsa, guacamole, and queso cheese

All served with a selection of pita points, corn tortilla chips, kettle chips, baguette, carrot and celery sticks

Assorted soft drinks

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SWEETS & TREATS — $16.00

Trio of donut holes (Plain, sugared, and powder sugared)

Fresh fruit salad

Fresh brewed coffee and assorted teas

SNACK ATTACK — $12.00

Theatre style popcorn -rolled into your meeting room!

Served with 3 types of flavour boosters

Assorted soft drinks

UPGRADE TO SIGNITURE MOCKTAILS FOR $6